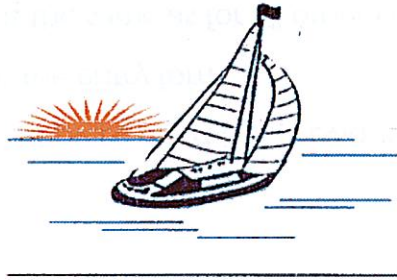


Neuse River Senior Games & Silver Arts



2025 REGISTRATION PACKET

Athletic Competition

Tuesday, April 8 -
Friday, May 2

SilverArts Competition

Tuesday, May 6 -
Friday, May 9

Registration Begins: Saturday, February 1

Registration Deadline
(no later than 5:00 p.m.)

Friday, March 14

Coordinating Agencies

Craven County Recreation & Parks * Greene County Senior Services
Duplin County Senior Services * Twin Rivers YMCA * Craven County Senior Services
Havelock Parks & Recreation * Kinston/Lenoir County Parks & Recreation

1821 Old Airport Rd.
New Bern, NC 28562

Neuse River Senior Games & Silver Arts

Phone: (252) 636-6606

Dear Senior Games Participant:

The Neuse River Senior Games is returning for its 40th year promoting health, fun, fitness and friendship for Seniors 50 years and better! The Steering Committee has been working hard to ensure a great 2025 Neuse River Senior Games & SilverArts Competition experience! Please take a moment to carefully read the information below as it includes important information, dates, and announcements.

- Registration for the 2025 Neuse River Senior Games will begin on Saturday, February 1. Register online at ncseniorgames.org/neuse.
- The 2025 registration fee will be \$15.00.
- Registration will end on Friday, March 14. Late registration will NOT be available; don't wait until the last minute!
- Cycling will be held on Tuesday, April 8 at the Carteret County Speedway. Cyclists will compete alongside participants from the Carteret County Senior Games and the Onslow County Senior Games.
- Pickleball will be held outdoors at Creekside Park on Monday, April 21 (Mixed Doubles) and Tuesday, April 22 (Singles & Doubles). Doubles will be held in the morning and Singles will be held in the afternoon.
- Individual start times for tournament events will be sent to participants approximately a week prior to their scheduled event.
- The SilverArts Competition will be held in-person at the Craven County Senior Center or the Craven Arts Council & Gallery. A message will be sent out to participants closer to the competition date with more information.
- Awards will not be distributed at individual events. Awards will be presented at the Celebration of Games Closing Ceremonies and will be available for pickup at 1821 Old Airport Rd., New Bern, NC 28562.

The Celebration of Games Closing Ceremonies will be held at the Twin Rivers YMCA on Thursday, May 8 at 5:00pm. On page 5, please indicate your attendance at the Celebration of Games Closing Ceremonies and dinner immediately following.

If you will be participating in or observing an outdoor event, please bring sunscreen, chairs, etc. to the event for your comfort. Please feel free to invite your family and friends! For additional registration forms and information, please call your local County representative or visit our web-site: cravencounty.recdesk.com and select *Our Partners*, then *Senior Games*.

On behalf of the Steering Committee, I extend best wishes to all for an enjoyable and safe experience at the 2025 Neuse River Senior Games!

Jennifer Emens, Local Coordinator
Neuse River Senior Games
(252) 636-6606

Craven * Duplin * Greene * Jones * Lenoir * Pamlico

Registration Information

All Neuse River Senior Games events will be held in New Bern with the exception of Cycling. The following bulleted list will give you an idea of where other events will be taking place.

- Creekside Park (1821 Old Airport Rd., New Bern, NC 28562)
- Craven County Senior Center (811 George St., New Bern, NC 28560)
- *Billiards* will be held at the Elks Lodge (1175 Pinetree Dr., New Bern, NC 28562)
- Truewood Assisted Living (2701 Amhurst Blvd., New Bern, NC 28562)
- *Cycling* will be held at the Carteret County Speedway (501 Whitehouse Fork Rd., Swansboro, NC 28584).
- *Tennis* will be held at Taberna Country Club (401 Taberna Way, New Bern, NC 28562).
- Twin Rivers YMCA (100 YMCA Ln., New Bern, NC 28560).
- *Golf* will be held at the Emerald Golf Club (5000 Clubhouse Dr., New Bern, NC 28562).

Registration Fees

A registration fee of \$15.00 is required from all participants registering by Friday, March 14. Some activities will require extra fees (*this is indicated on the registration form*), which should be submitted in addition to the registration fee. **All fees must accompany the registration/waiver form for the participant to be eligible.** The registration fee includes a Neuse River Senior Games t-shirt as well as a dinner meal at the Celebration of Games Closing Ceremonies.

A limited number of Registration Fee Waivers are available. A waiver is the base \$15.00 fee. To request and be considered for a waiver, please check the line on the first page of the Registration Form.

No registration will be accepted after Friday, March 14 at 5:00pm

ALL FEES ARE NON-REFUNDABLE

Due to the strenuous nature of the athletic events, it is recommended that you consult your physician prior to beginning training for the actual competition.

A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.

Only persons who are 50 years of age by December 31, 2025 or better and residents of the six sponsoring counties (**Craven, Duplin, Greene, Jones, Lenoir, and Pamlico**) are eligible to participate in the Neuse River Senior Games.



Mail completed form to:

Neuse River Senior Games
1821 Old Airport Road
New Bern, NC 28562

General Information

Participants must complete the official registration form with a signature, inclusive of medical information and physicians phone number. The liability waiver must be signed and the "fees" section of the registration form must be completed.

Confirmation: Shortly after registration closes in March, you will receive a letter confirming your events with times and locations listed. If you believe the confirmation is incorrect, please call (252) 636-6606 to verify.

Rules: Rules for all events are available at www.ncseniorgames.org or by contacting Craven County Recreation & Parks at (252) 636-6606.

Athletic Awards: In Athletic Events, Gold, Silver, and Bronze medals will be awarded to the top three finishers in each age category, for males and females. Awards will be distributed at the Celebration of Games Closing Ceremonies (they will not be distributed at each individual event) or available for pick up at the Craven County Recreation and Parks office located at 1821 Old Airport Road, New Bern, NC.

SilverArts Awards: First, second, & third place winners in Visual and Heritage Arts will be eligible for the NC Senior Games Finals. First & second place winners in the Literary sub-category will be eligible for the NC Senior Games Finals. However, North Carolina Senior Games Finals awards first, second, and third place in each sub-category of these arts.

Athletic Events

Please indicate the events you wish to enter on the registration form. You may enter all the events you wish, but if two events overlap or are scheduled at the same time, it is up to you to meet the games requirements for those events.

Tournament events require you to report at the time listed. Tournament events are indicated with an asterisk (*). **Open** events allow you to report at any time during the time period listed.

Where a time conflict exists between tournament and open events, you must report to the tournament event first and participate **prior** to moving on to the open event. **Failure to do so will result in disqualification.**

State Finals Entry Forms: DO NOT MAIL BEFORE MAY 31, 2025! The State Finals entry form must be received in Raleigh at the NC Senior Games Office no later than 11:59 p.m. on August 1, 2025.

Your age as of December 31, 2025 determines the category in which you will be placed for competition. Participants compete against others of their own sex and age as follows:

50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94 95-99 100+



In the event of rain, please call (252) 636-6606 for event updates and information.

Tuesday, May 6 and Wednesday, May 7 will be reserved for rained out make up days.



40th Annual Neuse River Senior Games

2025 Official Registration Form
Athletics and SilverArts

April 8 - May 8, 2025

Please Print All Information Clearly

Name: _____			First-Time Participant? <input type="checkbox"/>		
First	Middle Initial	Last			
Mailing Address: _____					
Street/Post Office Box		City	State	County	Zip
Home Telephone: () _____ - _____			Email Address: _____		
Birth Date: ____/____/____		Gender: M F		Age as of December 31, 2025 _____	
Month	Day	Year			
T-Shirt Size: (circle one) Small Medium Large X-Large XX-Large XXX Large					
<u>Optional Information</u>			<i>I decline to answer the questions below</i> _____		
<u>Ethnicity</u>					
African American _____		Asian _____		American Indian _____	
		Hispanic _____		White _____	
				Other _____	
<u>Income</u>					
Annual household income is less than \$11,770 (1 person in household). Yes _____ No _____					
Annual household income is less than \$15,930 (2 people in household). Yes _____ No _____					
Financial assistance consideration requested? Yes _____ No _____					
<u>Housing</u>					
Are you currently living in a senior living community? Yes _____ No _____ If yes, phone # _____					

Before mailing your registration form.....

- Please be sure all sides of the registration form have been completed
- Complete the Liability Waiver and attach any necessary medical information
- Please sign registration form

FEE SCHEDULE	
Registration Fee: (includes t-shirt & meal)	\$15.00
Golf Fees (with cart):	\$25.00
Extra T-Shirt (\$10.00):	Size _____
	How Many _____
Extra Meal (\$10.00):	How Many _____

PAYMENTS	
Registration Fee	\$ _____
Golf Fee	\$ _____
Extra T-Shirt Fee	\$ _____
Extra Meal Fee	\$ _____
Total Enclosed	\$ _____

Make checks payable to: Neuse River Senior Games, 1821 Old Airport Rd., New Bern, NC 28562

Athletic Events

Please mark an X beside the appropriate event category

Tuesday, April 8, 2025 (Carteret County Speedway)

Cycling (Arrive at 9:00am)

- _____ 1 Mile
- _____ 5K
- _____ 10K
- _____ 1 Mile Recumbent
- _____ 5K Recumbent
- _____ 10K Recumbent

Monday, April 21, 2025 (Creekside Park)

*Pickleball

- _____ Mixed Doubles
- Mixed Doubles Partner: _____

Tuesday, April 22, 2025 (Creekside Park)

*Pickleball

- _____ Singles
- _____ Doubles
- Doubles Partner: _____

Wednesday, April 23, 2025 (Creekside Park)

- 8:00am _____ SilverStriders Fun Walk
- *9:00am - 11:00am _____ Cornhole (Women)
- *9:00am - 11:00am _____ Cornhole (Men)
- *12:00pm - 2:00pm _____ Cornhole Doubles
- *2:00pm - 4:00pm _____ Cornhole Mixed Doubles

Thursday, April 24, 2025 (Truewood Assisted Living)

- *8:30am - 11:30am _____ Shuffleboard (Women)
- *8:30am - 11:30am _____ Horseshoes (Men)
- *12:00pm - 3:00pm _____ Shuffleboard (Men)
- *12:00pm - 3:00pm _____ Horseshoes (Women)

Friday, April 25, 2025

(Creekside Park)

- *9:00am _____ Bocce
- (New Bern High School)
- 8:00am _____ 5K Race Walk
- 9:00am - 11:00am _____ Shot Put
- 9:00am - 11:00am _____ Discus
- 9:00am - 11:00am _____ Standing Long Jump
- 9:00am - 11:00am _____ Running Long Jump
- 9:00am _____ 5K Run
- 9:30am _____ 50 Meter Dash
- 9:45am _____ 100 Meter Dash
- 10:00am _____ 800 Meter Dash
- 10:10am _____ 200 Meter Dash
- 10:25am _____ 1500 Meter Run
- 10:35am _____ 400 Meter Dash
- 10:45am _____ 1500 Meter Race Walk

Monday, April 28, 2025

*Tennis (enter 2 events only) (Taberna Country Club)

- _____ Singles
- _____ Doubles
- Doubles Partner: _____
- _____ Mixed Doubles
- Mixed Doubles Partner: _____

Tuesday, April 29, 2025 (The Emerald Golf Club)

*** 11:30am _____ Golf (\$25.00 Fee)

Wednesday, April 30, 2025 (Twin Rivers YMCA)

9:00 am - Swimming (enter 6 events only)

- _____ **25 yard Backstroke
- _____ **25 yard Butterfly
- _____ **25 yard Freestyle
- _____ **25 yard Breaststroke
- _____ 50 yard Backstroke
- _____ 50 yard Butterfly
- _____ 50 yard Freestyle
- _____ 50 yard Breaststroke
- _____ 100 yard Backstroke
- _____ 100 yard Butterfly
- _____ 100 yard Freestyle
- _____ 100 yard Breaststroke
- _____ 100 yard Individual Medley
- _____ 200 yard Backstroke
- _____ 200 yard Butterfly
- _____ 200 yard Freestyle
- _____ 200 yard Breaststroke
- _____ 200 yard Individual Medley
- _____ 400 yard Individual Medley
- _____ 500 yard Freestyle

Thursday, May 1, 2025 (Twin Rivers YMCA)

- 10:00am _____ Football Throw
- 10:00am _____ Softball Throw
- 10:00am _____ Basketball Shooting

Friday, May 2, 2025

- 10:00am _____ Croquet (Creekside Park)
- 10:00am _____ Billiards (Elks Lodge)

Thursday, May 8, 2025 (Twin Rivers YMCA)

5:00pm _____ Closing Ceremonies

- (*) Indicates a Tournament Event
You must report to the Event Manager at the specified times in order to avoid disqualification! Each Team Sport player must be a registered Neuse River Senior Games participant. Individual start times will be announced the week before the event.
- (**) Indicates that this event is NOT a State or National Games Event.
- (***) To qualify for State Finals, golfers need to meet a minimum performance score (MPS) and finish in the top 3 in their age group. MPS available from your coordinator.

Neuse River Senior Games Liability Waiver

In consideration of being allowed to participate in any way in the 2025 Neuse River Senior Games (NRSRG) Athletic/SilverArts program, as well as related events and activities, I the undersigned participant agree to:

- Indemnify, save and hold harmless, the Neuse River Senior Games or any of their agents or representatives for my health, safety, or any injury resulting from my participation in the games.
- Have prepared myself for the events which I have entered by practicing prior to the NRSRG. To the best of my knowledge, I have no physical restrictions which would prohibit my participation in the games. NRSRG has my permission to have a physician attend me if it is deemed necessary during my participation.
- Release and hold harmless the NRSRG from any damage to/loss of my art entry. I certify that the art piece(s) I enter are my own work, were created after having reached the age of 50 and within the last two years, and are not manufactured in any sense of the word.
- I grant the NRSRG the free and unrestricted right to use my name and picture in any broadcast, telecast or other written or photographic account of the NRSRG without compensation.

"I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I am qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form must be received in the NC Senior Games office in Raleigh, NC by 11:59 p.m. on August 1, 2025. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered."

Participant Signature

Date

Participant Medical Information

The staff and volunteers of Neuse River Senior Games (NRSRG) are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regards to preparation for, and competition in, the Senior Games or any similar activity. Please inform NRSRG at the time of any change(s) in your medication or health status.

- If none of the following applies to you, write "none" in each space.
- Your doctor's phone number must be listed.

1. List any specific medical conditions or health concerns:

2. List any medications you are currently taking:

3. List any medications to which you are allergic and/or any other allergies:

Name of Personal Physician: _____ Phone # (_____) _____

Emergency Contact (must list at least one person)

Name Relationship Phone Number

Name Relationship Phone Number

Athletic Events Schedule

Tues., April 8	Cycling	9:00am	Carteret County Speedway
Mon., April 21	*Pickleball (Mixed Dbles)	TBD	Creekside Park
Tue., April 22	*Pickleball (Singles/Dbles)	TBD	Creekside Park
Wed., April 23	SilverStriders Fun Walk	8:00am	Creekside Park
Wed., April 23	*Cornhole (Women)	8:30am - 11:30am	Creekside Park
Wed., April 23	*Cornhole (Men)	12:30pm - 2:30pm	Creekside Park
Thurs., April 24	*Shuffleboard (Women)	8:30am - 11:30am	Truewood Assisted Living
Thurs., April 24	*Horseshoes (Men)	8:30am - 11:30am	Truewood Assisted Living
Thurs., April 24	*Shuffleboard (Men)	12:00pm - 3:00pm	Truewood Assisted Living
Thurs., April 24	*Horseshoes (Women)	12:00pm - 3:00pm	Truewood Assisted Living
Fri., April 25	*Bocce	9:00am	Creekside Park
Fri., April 25	5K Race Walk	8:00am	New Bern High School
Fri., April 25	Shot Put	9:00am - 11:00am	New Bern High School
Fri., April 25	Discus	9:00am - 11:00am	New Bern High School
Fri., April 25	Standing Long Jump	9:00am - 11:00am	New Bern High School
Fri., April 25	Running Long Jump	9:00am - 11:00am	New Bern High School
Fri., April 25	5K Run	9:00am	New Bern High School
Fri., April 25	50 Meter Dash	9:30am	New Bern High School
Fri., April 25	100 Meter Dash	9:45am	New Bern High School
Fri., April 25	800 Meter Dash	10:00am	New Bern High School
Fri., April 25	200 Meter Dash	10:10am	New Bern High School
Fri., April 25	1500 Meter Run	10:25am	New Bern High School
Fri., April 25	400 Meter Dash	10:35am	New Bern High School
Fri., April 25	1500 Meter Race Walk	10:45am	New Bern High School
Mon., April 28	*Tennis (Mixed Doubles)	9:00am	Taberna Country Club
Mon., April 28	*Tennis (Singles/Doubles)	1:00pm	Taberna Country Club
Tues., April 29	***Golf	11:30am	The Emerald Golf Club
Wed., April 30	Swimming	9:00am	Twin Rivers YMCA
Thurs., May 1	Football Throw	TBD	Twin Rivers YMCA
Thurs., May 1	Softball Throw	TBD	Twin Rivers YMCA
Thurs., May 1	Basketball Shooting	TBD	Twin Rivers YMCA
Fri., May 2	*Croquet	10:00am	Creekside Park
Fri., May 2	Billiards	10:00am	Elks Lodge
Thurs., May 8	Closing Ceremonies	5:00pm	Twin Rivers YMCA

(*) Indicates a Tournament Event. You must report to the Event Manager at the specified times in order to avoid disqualification! Each Team Sport player must be a registered Neuse River Senior Games. participant. Individual start times will be announced the week before the event.

(**) Indicates that this event is NOT a State or National Games Event.

(***) To qualify for State Finals, golfers need to meet a minimum performance score (MPS) and finish in the top 3 in their age group. MPS available from your coordinator.



At present, SilverArts recognizes four broad categories, each with several sub-categories. First and second place winners in the Literary subcategory will be eligible for the NC Senior Games Finals. First, second and third place winners in the Visual and Heritage sub-categories will be eligible for the NC Senior Games Finals. North Carolina Senior Games Finals awards, first, second and third place in each sub-category of these arts.

One overall winner in the Performing Arts category will also be eligible for the North Carolina Senior Games Finals and able to compete for first, second and third place awards. The Neuse River Senior Games awards first, second, and third place in all the sub-categories.

Guidelines

- All persons entering SilverArts must be 50 years of age or better and registered as a Neuse River Senior Games participant.
- Entries must be original works of the artist; must be a work created after the artist is age 50 or better and have been completed within two years of the Neuse River Senior Games registration deadline.
- Complete SilverArts information is available at www.ncseniorgames.org

Visual Arts

- All artwork, except sculptures, must be clearly framed and wired (no serrated hooks or strings), ready to be hung. **Artwork not properly framed & wired will not be displayed.**
- Artwork can be no longer than 36" x 42", including matting and frame. Sculptures can be no heavier than 15 pounds, and must be able to be displayed in a 3' x 3' area.
- Master studies are accepted.
- The art piece must be an original work, not print, and the artist's name and title of entry must appear on or be attached to the entry for identification.
- The artist must send a photograph of the entry with the State Finals Entry Form and SilverArts Information Form when entering State Finals.

Literary Arts

- Poems can be no longer than 40 lines.
- Short stories (fiction), essays (not autobiographical), articles, life experiences can be no longer than 8 pages, double-spaced, with a 1" margin on all sides. Entries must have a title page which includes the title of the work, sub-category, and artist name.
- A display quality copy of the entry and 3 additional copies **must** be submitted with the registration form.

Performing Arts

- Performing entries are limited to 3 minutes of on-stage time.
- Performing entries may be one of the following: soloists with accompanists, small groups of 2-4 performers, or a large group of 5 or more performers.
- Performers must provide a CD or USB thumb drive for performances with music tagged at the beginning of the video/CD. Props are the responsibility of the performer.
- Performers wanting introductory material given prior to their performance are responsible for preparing it. Such material should be given to the SilverArts Coordinator for delivery to the Master of Ceremonies.
- Voice presentations must be performed live (lip-synch is not permitted) and background music **must** be taped.
- Instructors and/or group members under age 50 will not be permitted to perform on stage with the group at local or state games.

Heritage Arts

- Heritage arts entries must be original works and the work of the individual and not a group effort.

Registration & Check-In Information

Pick up your Participant Registration Packets at the Craven County Recreation & Parks office, Craven County Senior Center, or the Closing Ceremonies.

Heritage, Literary, & Visual Arts	Craven County Senior Center	Tuesday	May 6, 2025
Performing Arts	Craven County Senior Center	Thursday	May 8, 2025
Athletic Events	Craven County Rec. & Parks Office & Closing Ceremonies		

SilverArts Events Schedule At-A-Glance

Tues., May 6	Check In	SilverArts	10:00am - 2:00pm	Craven Co. Senior Center
Wed., May 7	Exhibition	SilverArts	9:00am - 4:00pm	Craven Co. Senior Center
Thurs., May 8	Exhibition	SilverArts	9:00am - 4:00pm	Craven Co. Senior Center
Thurs., May 8	Performing Arts	SilverArts	5:15pm	Twin Rivers YMCA
Fri., May 9	Exhibition	SilverArts	9:00am - 10:30am	Craven Co. Senior Center
Fri., May 9	Check Out	SilverArts	11:00am - 12:30pm	Craven Co. Senior Center

SilverArts General Information

- Artists may not enter a piece art if that piece of art has previously been entered at State Finals.
- Literary entries **must** be mailed with the entry form.
- Registration deadline for SilverArts is the same as for all other components of the Neuse River Senior Games.
- Silver Artists may enter a maximum of one item in each sub-category.
- "Grouped sets" in Visual and Heritage Arts may have no more than 3 members. An example of a "grouped set" would be China Painting: plate, cup, saucer OR Jewelry: necklace & earrings.

The Neuse River Senior Games and the North Carolina Senior Games State Finals have the right to refuse or remove any or all entries that are deemed obnoxious or repulsive in character.

Mail to:

Neuse River Senior Games
1821 Old Airport Rd.
New Bern, NC 28562

Neuse River Senior Games

&

Silver ArtsSM



Monday, April 21 - Thursday, May 8

*This program is sanctioned by the North Carolina Senior Games, Inc. NCSG Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.
Division of Aging and Adult Services.*